

Do you need help with access to the internet?

Check what applies to you. Then talk with your CF care team about support.

I need internet access so I can...

- Meet virtually with my CF team.
- Go to school remotely.
- Work remotely
- Get online health information
- Other: _____

It is hard to meet these needs because...

- I don't have a device to get on the internet.
- Internet service is too expensive.
- I need help using the internet or setting up a device.
- My internet connection only works some of the time or is too slow.
- Other: _____

If you can't access the internet

- Visit your local library.
- Work with your CF care team.
- Ask a friend or family member to help you search for resources.
- Call CF Foundation Compass (844-266-7277).

How to find resources

- Dial 2-1-1 on your phone and ask about local payment assistance programs.
- Visit www.findhelp.org to search for resources by state.
- Visit websites for your local school district, internet providers, and community organizations to see if they offer internet access assistance.
- Visit www.digitalinclusion.org to see their list of free and low-cost internet plans offered by internet service providers.

Tips for rural internet challenges

1. Ask your neighbors how they get connected.
2. Ask your cellular service provider if you can use your mobile phone as a "hotspot."
3. Use your smartphone to search for possible providers.
4. Explore the option of satellite internet services.

SEARCH TIP: Search for "LTE internet access," "5G internet access," or "rural internet providers" + your city and state.

A few resources to consider

Affordable Connectivity Program

www.fcc.gov/acp
(877) 384-2575

Provides monthly discount toward internet service for eligible households.

Devices for Students

www.devicesforstudents.org
(650) 209-8251

Gets devices and technical resources to students who need them.

EveryoneOn

www.everyoneon.org

Connects families in underserved communities to affordable internet service, computers, and digital skills trainings.

Human-I-T

<https://www.human-i-t.org/low-cost-internet/>
(888) 391-7249

Provides equipment, training, technical support, and internet connectivity.

Lifeline

www.lifelinesupport.org/
(800) 234-9473

Offers discounted phone or internet service for households that make less than 135% of federal poverty guideline or have at least one member of your household participating in public assistance programs.

The Notebooks for Students

www.notebooksforstudents.org/
(800) 991-7631

Offers discounted laptops to students attending primary school, high school, college, homeschooling, and online classes.

PCs for People

www.pcsforpeople.org

Connects eligible low-income individuals with computers and low-cost internet.